

REGISTRATION

EVENT INFO

SCHEDULE

(as of October 29, 2023)

All times Eastern Standard Time

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Friday, November 10, 2023 (In Person and Online)

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9:00-9:15 am

Registration, Refreshments

9:15-9:30 am

Introduction & Welcome

- Dr. Henry Shiu (Emmanuel College, Buddhist Council of Canada, Vice President)
 - Dr. Eleanor Pontoriero (Upāsikā Mittā) (Department for the Study of Religion, Buddhist Council of Canada, President)
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9:30-10:30 am

Applied Mindfulness on physician wellbeing in collaboration with Thich Nhat Hanh's Plum Village community.

Dr. Elli Weisbaum (Department of Psychology, Buddhism and Mental Health)

Making the connection between Moral Distress/ Injury and Spiritual Health.

Dr. Jennifer Bright (Buddhist Spiritual Care, Emmanuel College, Buddhist Council of Canada board member)

10:30-10:45 am

BREAK

10:45-11:45 am

A Buddhist advocacy for a spiritually inclusive approach to environmental awareness and preservation.

Dr. Henry Shiu

Socially Engaged Community Mindfulness: Buddhist and Secular.

Dr. Eleanor Pontoriero (Upāsikā Mittā)

11:45 am-12:45 pm

LUNCH BREAK

12:45-1:45 pm

The Dharma of Hope in Uncertain Times.

Dr. Lynette Monteiro (keynote speaker)

1:45-2:00 pm

BREAK

2:00-3:00 pm

Buddha on Health and Wellness.

Dr. Bhante Saranapala (Abbot of the West End Temple, University of Toronto chaplain)

Four Nutriments of Life preached by the Enlightened One.

Mr. Suren Fernando (Buddhist Council of Canada, board member)

3:00-3:15 pm

BREAK

3:15-4:15 pm

Buddhist Experiential Learning for Student Well-Being at the University of Toronto.

Dr. Michael Lum (Post-Doctoral Fellow, University of Toronto)

Towards Suffering: Embodied understandings of karma and past lives in the Newar Buddhist Manisailamahavadana.

Ph.D. Candidate Ms. Amber Moore (Ph.D. candidate, Tibetan Buddhist Studies, Post-doc Buddhism & Psychology)

4:15-4:30 pm

Closing

Dr. Henry Shiu, Dr. Eleanor Pontoriero (Upāsikā Mittā)

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Saturday, November 11, 2023 (Online)

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9:15-9:30 am

Intro & Welcome

Dr. Henry Shiu, Dr. Eleanor Pontoriero (Upāsikā Mittā)

9:30-10:00 am

Exploring the Pioneer Buddhist Chaplaincy Services at public hospitals in Hong Kong.

Dr. Elsa Lau, Hong Kong University

10:00-11:15 am

The Dharma of Hope in Uncertain Times.

Dr. Lynette Monteiro (Keynote Speaker)

11:15-11:30 am

BREAK (contemplative/mindfulness practice).

11:30 am-12:00 pm

Health and Buddhadharma: An Ordinary Life Perspective.

Mr. Louis Cormier (Buddhist Council of Canada board member)

12:00-1:00 pm

LUNCH

1:00-2:00 pm

“When is Compassion Skillful? Dialogues Between Buddhism & Science”.

Dr. Judith Simmer Brown (Naropa University)

Helping Buddhist communities and sanghas better support their Chaplains.

Dr. Monica Sanford (Assistant Dean for Multireligious Ministry, Harvard Divinity School)

2:00-2:15 pm

BREAK

2:15-3:15 pm

Wellness in a Broken World.

Bhikṣuṇī Dr. Karma Lekshe Tsomo (Sakyadhita International, University of San Diego)

Developing Buddhist Spiritual Care in Greater Vancouver.

Dr. Ernest Ng Tung (Lin Kok Yuen Canada Society)

3:15-3:30

Closing

Dr. Henry Shiu, Dr. Eleanor Pontoriero (Upāsikā Mittā)